

Columbia Daycare Weekly Menu

BREAKFAST									
Food Items	Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Quantity Used	Menu	Quantity Used
Milk, Fluid	Milk	Milk	Milk	Milk	Milk	Milk		Milk	
Juice or Fruit or Vegetable	Orange Juice, Cranberry Raisins	Pineapple Juice, Prunes	Orange Juice, Raisins	Grape Juice, Scrambled Eggs	Pineapple Juice, Apricots				
Bread or Bread Alternate Including Cereal	Honey Bunches of Oats	Oat Clusters, Cheerios	Rice Crispies	Ritz Crackers	Total Cereal				
LUNCH									
Food Items	Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Quantity Used	Menu	Quantity Used
Milk, Fluid	Milk	Milk	Milk	Milk	Milk	Milk		Milk	
Meat or Meat Alternate	Fish Sticks	Turkey Burgers in Gravy Sauce	Chicken Stir Fry	Cheese Ravioli	Beef Stew				
Vegetables and/or Fruits 2 or More	Spinach	Mixed Vegetables	Stir Fried Vegetables	Broccoli	Green Beans				
Bread or Bread Alternate	Ritz Crackers	Noodles	Rice		Baked New Potatoes				
Other Foods	Pineapple Chunks	Grapes	Bananas	Apples	Pears				
P.M. SNACK (SELECT 2 OF THESE 4 COMPONENTS)									
Food Items	Monday	Tuesday	Wednesday	Thursday	Friday	Menu	Quantity Used	Menu	Quantity Used
Milk, Fluid	Milk		Milk	Milk		Milk		Milk	
Juice or Fruit or Vegetable		Pineapple-Orange Juice							
Bread or Bread Alternate Including Cereal	Animal Crackers	Nutri-grain Bars	Peanut Butter Crackers	Corn Muffins	Pretzels				
Meat or Meat Alternate									

Week of: _____